

## Clothing List for Greenland

QTY	ITEM
1	Expedition style, double layer wind jacket
1	Expedition style ski pants w/large pockets
2 pr	Polypro (tops and bottoms)
1	Fleece pants (for over polypro and under waterproof pants)
1	Insulating fleece jackets
1 pr	Thin gloves (liners)
2 pr	Mittens or warm gloves (preferably waterproof)
1 pr	Waterproof snow boots (Sorel Caribou boots are great) <a href="http://www.sorel.com/">http://www.sorel.com/</a>
1 set	Spare boot liners for Sorel boots
3-4 pr	Warm socks (that insulate when wet)
1	Neoprene face mask
2	Wind stopper hats
2	Neck gaitors
1	Sleeping bag (rated to -25° C) with fleece liner
1	Old sleeping bag as cover for cold nights
1	“Therm-a-Rest Base Camp” mattress
1	Goggles (preferably yellow or orange to help with snow visibility)
1 pr	Dark glacier sun glasses
2	Sunscreen factor 30-50
1	Head light or flash light with plenty of AA batteries
1	Digital camera or equivalent
Div	Repair kit to fix clothing, mattress, and more
Div	Personal medication