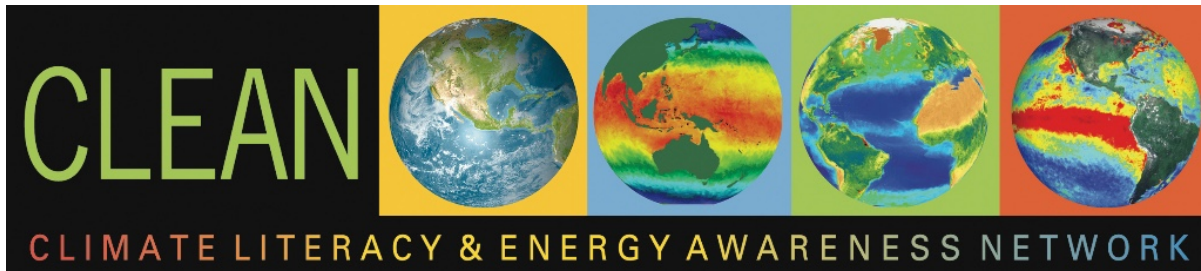
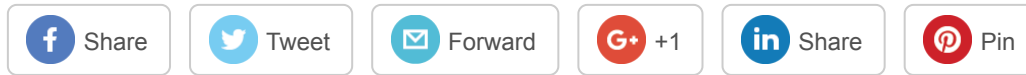


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Watch the CLEAN Webinar Series

CLEAN STEM Flash

A timely climate and energy education series to use and share

Topic: El Niño vs. La Niña

La Niña is here! Learn about the El Niño-Southern Oscillation (ENSO) and how this phenomenon affects global weather and climate.

CLEAN Resource Feature

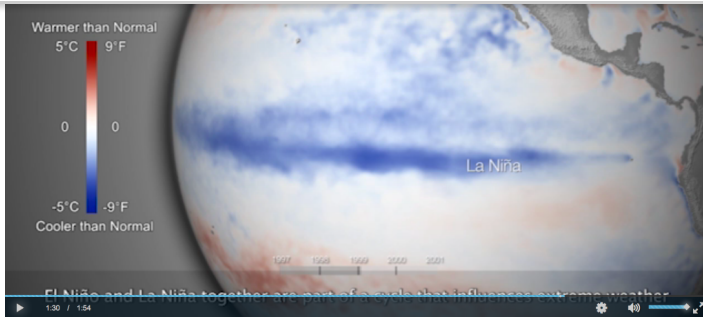
Video: [El Niño and La Niña Explained](#)

This short video explores the phenomena of El Niño and La Niña: their relationships to trade winds and surface water temperatures, and their effects on precipitation in North America.

Length: 1:54 min.

Find more resources to about [ENSO](#) at CLEAN.

This video from NOAA Ocean Today describes the basics of how trade winds and the movement of water in the Pacific Ocean cause El Niño and La Niña. Simple graphics show the winds



CLEAN Resource Feature

Activity: [Predicting Patterns: What Does La Niña Look Like?](#)

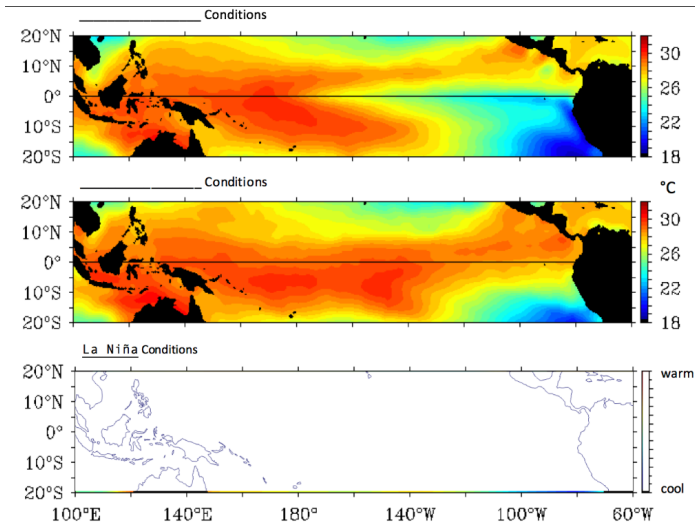
This activity builds on core knowledge of El Niño processes and helps students understand the three phases of ENSO: El Niño, La Niña, and normal.

Activity length: 30 min.

Audience: High school students

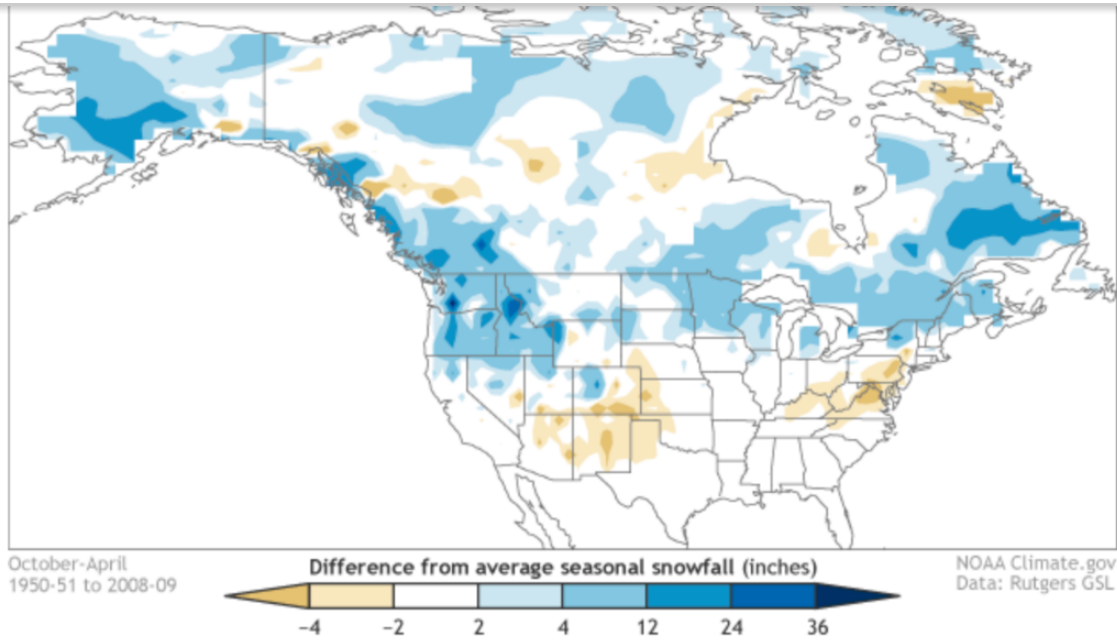
Learn how [observations and modeling](#) improve knowledge about climate.

This unique InTeGrate activity asks students to make predictive sketches about what they expect sea surface temperatures to look like during La Niña, and to estimate precipitation patterns during all three phases of ENSO.



Climate & Energy in the News

Read the [NOAA ENSO Blog](#) for an update on this season's La Niña forecast and its regional weather impacts.



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