

# **Research Experiences for Community College Students**

# September 2022

**<u>RECCS</u>** is a summer student research program for Colorado community college students funded by the National Science Foundation and coordinated by CIRES Education Outreach, Niwot Ridge LTER and INSTAAR.

Welcome to the new monthly RECCS newsletter where you will find helpful academic and career tips, and a selection of current internships, entry-level job openings, and graduate positions. This month's topic offers back-to-school tips for those of you continuing your academic journey, whether as an undergraduate or graduate student. You can find professional development resources and job listings at the bottom of the newsletter.

#### Welcome Back to School!

For those of you continuing your academic journey this fall, there are many things you can do to be a successful student. The start of a new year is the right time for reflection and setting goals to succeed. Now is a great time to learn about campus resources, form healthy habits, and set goals.

# Tips & Tricks for Successful Academic Year



Academic Tips

Check your email. It's the



Self Care Tips



**Productivity** 

Plan for enough sleep. Sleep Manage your time and tasks

primary form of communication for professionals.

Get involved on campus through an on campus job, volunteer, join a club, talk to someone new from a class you like.

Become familiar with resources available to you including tutoring, extra time. on tests, health care, job boards, and more.

Get to know your professors. They are people just like us and are excited to know you. Pop in during office hours and introduce yourself. Ask them what and where they studied.

deprivation impacts your mood, your immune system, your memory, and your cardiovascular system.

#### Eat well and drink water.

Pack a snack and a water bottle in your backpack. Ask a friend to do water check-in throughout the day. Try cooking a new recipe with a friend.

Work-life balance! Plan for work and play throughout the month.

Remember that we all make mistakes. College is one big learning experience. Own your actions and mistakes and be ready to learn and receive feedback. using tools like <u>Trello</u>, <u>Google</u>, or <u>Notion</u>. Set reminders and plan ahead.

Find study spaces on campus to work between or before and after class.

<u>Set goals.</u> Set short and long term goals. Ask yourself what do you really want and what do you need to achieve that?

Ask for help when you need

it. Tap into your network when you need support. This could be friends, a TA or professor, us (RECCS team), your family, a therapist.

#### Resource Highlight - Pathways to STEM

"My classes showed me a few websites to find summer research, but none of them was as helpful or organized as PathwaysToScience. This website has changed the way I look for research opportunities." — student survey respondent, 2017

Explore <u>undergraduate</u>, <u>graduate</u>, and <u>postdoctoral</u> opportunities on the pathways to STEM website. <u>Watch a video on Youtube</u> on how to use Pathways to Science's advanced search functions to find funding opportunities.

#### **Current Job Openings**

- AGU Bridge Program Internship, Fall Full-Time Sep-Dec Washington, D.C.
- Field Botany/Ecology Intern West Texas (Closes Sept 27, 2022)
- Arborist Trainee Internship | Fort Collins, CO | Summer 2023Fort Collins, CO
- <u>Project Management Office Internship</u> D.C./Remote (Closes Sept 21, 2022)
- Wetland Biologist Aurora, CO
- Physical Scientist Kansas City, MO (Closes Sept 20, 2022)
- Wetland GIS Technician Fort Collins, CO (Closes Sept 26, 2022)
- Chemical/Environmental Engineer Denver, CO
- Environmental Health and Safety (EHS) Compliance Consultant (Associate Level) Denver, CO
- <u>CIRES/ NOAA PSL Research Scientist in Hydroclimatic Predictions, Predictability</u> and Projections Boulder, CO
- <u>CIRES/ NOAA Global Monitoring Laboratory, Programmer/ Electronics Associate</u> <u>Scientist</u> Boulder, CO
- CIRES/ NOAA Global Monitoring Laboratory, Instrument Technician/Laboratory Analyst Boulder, CO

- <u>CIRES/ Associate Scientist for North American Fire History Boulder, CO</u>
- <u>General Engineer/Scientist, GG- 7/9 FPL 13</u>Lisle, IL (Closes Oct 13, 2022)
- Physical Scientist (Land Surveyor) Concord, MA (Closes Oct 18, 2022)
- Research Fellow (Spring 2023) Remote (Closes Dec 1, 2022)
- <u>General Engineer/Scientist, GG-0801 & 1301- 7/9 FPL 13</u> Various Locations (Closes Jan 9, 2023)
- <u>Research Soil Scientist/Agricultural Engineer/Physical Scientist (Research Associate)</u> Saint Paul, MN (Closes March 21, 2023)

### Join RECCS on Linkedin!

- 1. Create or update your Linkedin profile (view the how-to video)
- 2. Connect with us on Linkedin!

We post job listings or other opportunities on our page weekly.

## What is going on with RECCS?

10 students submitted abstracts to present at AGU in December 2022! If you plan to be at AGU this year, drop by the undergraduate research symposium and come say hi!

### **RECCS Team**

Alicia Christensen, Bec Batchelor, Christine Okochi, Anne Gold (RECCS PI), Dana Stamo, Daniela Pennycook, Karla Pineda Velez







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Contact us at <a href="mailto:reccs@colorado.edu">reccs@colorado.edu</a> or visit our program page at <a href="mailto:circs.colorado.edu/outreach/reccs">recs@colorado.edu/outreach/reccs</a> RECCS is funded by the National Science Foundation Grant Award Numbers: EAR 1757930, EAR 1461281, DEB 637686, EAR 1331828, AGS 1839741

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